

Patients at Risk of Invasive Extraintestinal Pathogenic *Escherichia coli* Disease: a Systematic Literature Review

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BACKGROUND

- Extraintestinal pathogenic *Escherichia coli* (ExPEC) is a common Gram-negative bacterial pathogen that causes a variety of infections including urinary tract infection (UTI), blood stream infection (BSI), sepsis, meningitis and pneumonia; mortality rate due to ExPEC is increasing globally.¹
- The most common ExPEC diseases are UTI and BSI (marked increase in incidence with age especially >50 years).¹
- Several studies have found increasing invasive ExPEC disease (IED) rates associated with increased morbidity, mortality and costs.²
- IED prevention requires an understanding of its epidemiology and the population at increased risk for it. Several countries aim to introduce mandatory surveillance of *E. coli* BSI (EcBSI) to investigate factors responsible for its increase.³
- However, information regarding the epidemiology and people at increased risk of IED is relatively limited.

OBJECTIVES

Systematic literature review to describe IED epidemiology

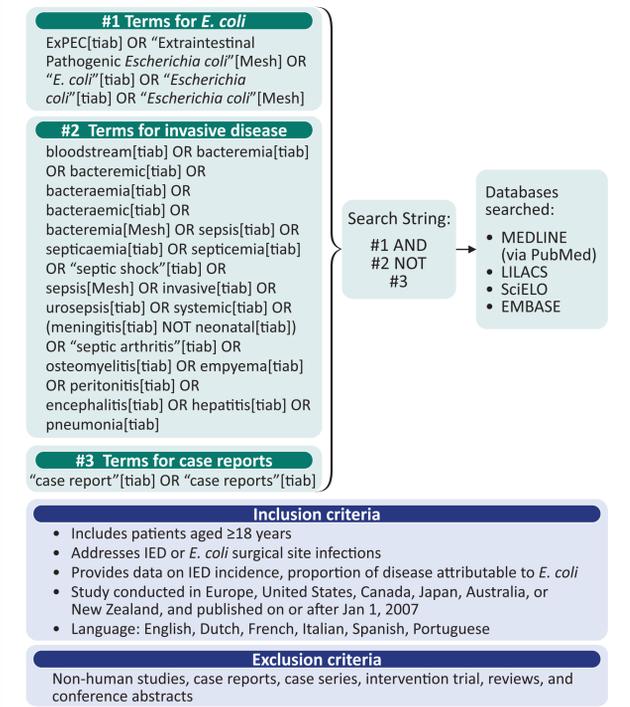
- Identify patients at increased risk for IED, specifically EcBSI, by measuring
 - Proportional contribution of different primary sites of infection to EcBSI
 - EcBSI incidence by specific patient settings vs. the general population
 - Relative contribution of *E. coli* to BSI in specific patient subsets vs. general population

METHODS

Study design

- A systematic literature review was performed as follows:

Figure 1: Systematic literature review (January 2007 to March 2018)

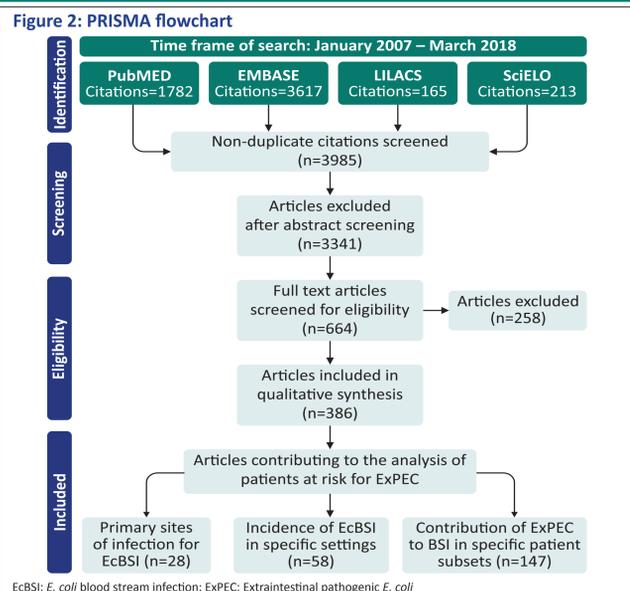


- The study selection and data collection were done using a 2-step process:
 - Step 1:** Two reviewers independently reviewed titles and abstracts obtained by electronic searches and selected articles per the inclusion and exclusion criteria. Discrepancies resolved by discussion or with help from a third reviewer.
 - Step 2:** Full-text articles selected at Step 1 were assessed for eligibility by a single reviewer.
- Data were extracted from full-text articles using a standard extraction format.

Statistical methods:

- A range for the reported values of the different outcomes with the number of studies according to the different risk populations observed in the literature was provided.
- For IED incidence in the general population, and the overall contribution of *E. coli* to BSI, DerSimonian meta-analysis⁴ was performed and pooled effect estimates calculated using a random-effects model (R and/or SAS 9.4).

RESULTS:



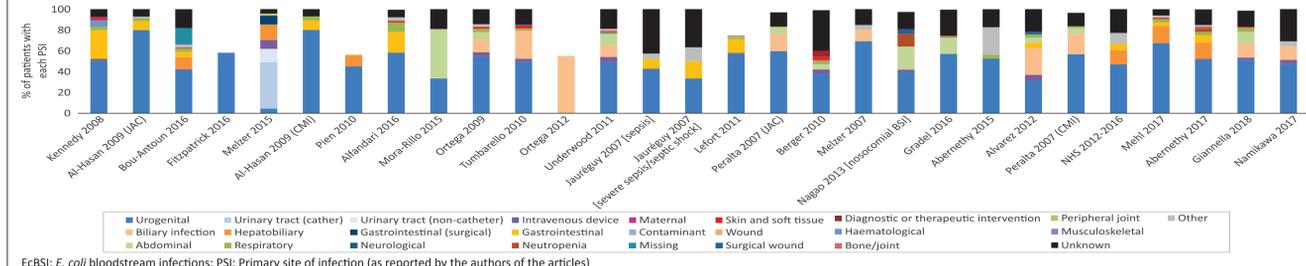
- Of the 386 articles included in qualitative synthesis, 153 did not identify potential risk factors for EcBSI.

Proportional contribution of different primary sites of infection to EcBSI

- Most common primary site for infection was urogenital (range from included articles: 31%-80%, n=28 [no. of articles reporting the finding]) followed by hepatobiliary (11%-16%, n=6), gastrointestinal (4%-28%, n=12), and abdominal (5%-48%, n=10). (Fig 3)

- Urogenital source of infection was more common in women (1.25 to 1.5-fold higher than men, n=3).

Figure 3: EcBSI- Primary sites of infection



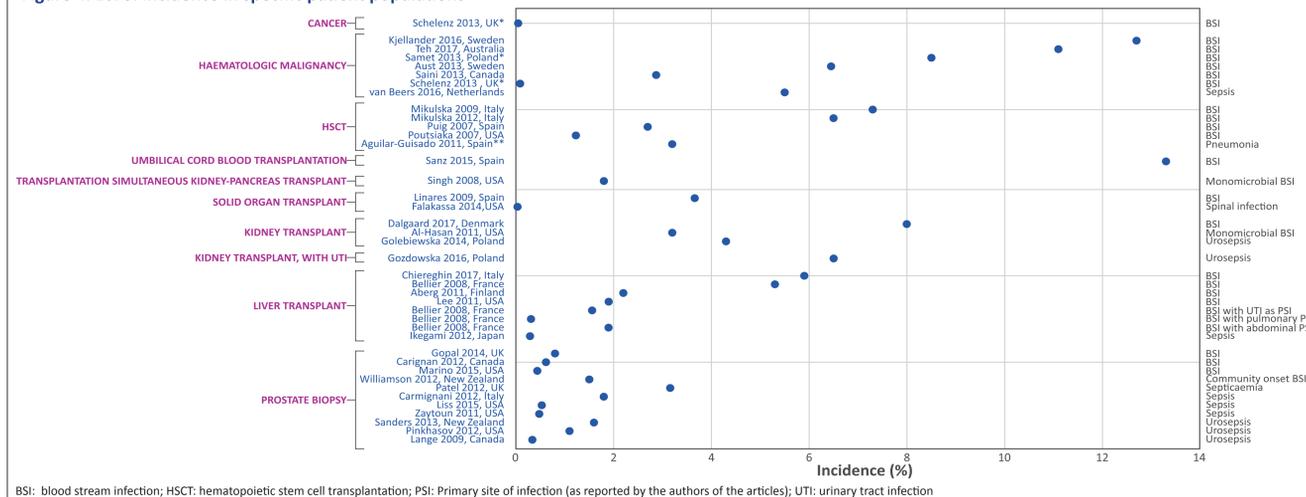
EcBSI: *E. coli* bloodstream infections; PSI: Primary site of infection (as reported by the authors of the articles)

EcBSI incidence in general population and specific patient populations

- EcBSI incidence in the general population was 47.9/100.0 person-years. A high level of heterogeneity ($Q=15434.4$, $p\text{-value}=0$, $I^2=100\%$) was observed.

- This incidence was highest in association with haematological malignancy with chemotherapy (0.1%-13%, n=6), solid organ transplant (0.3%-8%, n=12), stem cell transplant (1%-7%, n=4), and prostate biopsy (0.5%-1.5%, n=5).

Figure 4: EcBSI incidence in specific patient populations



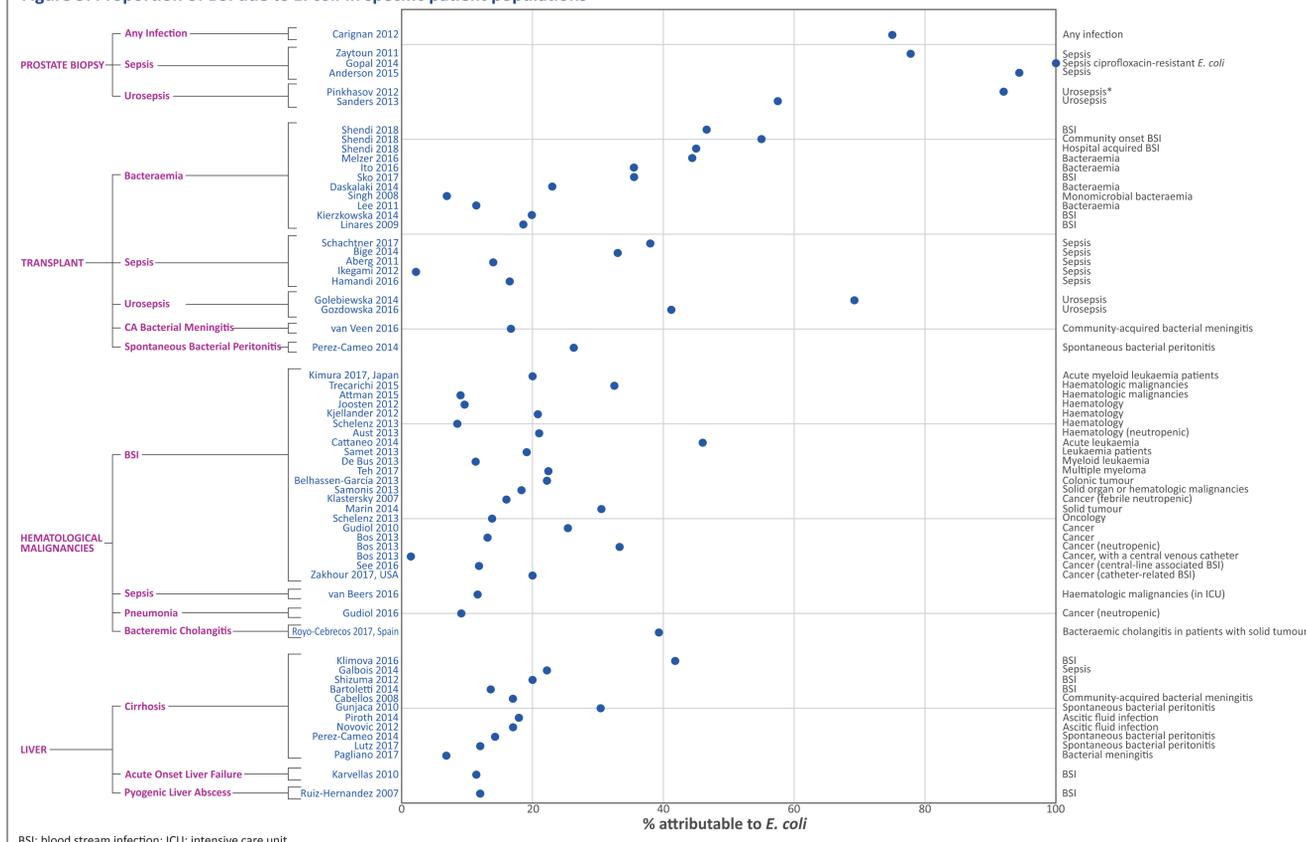
BSI: blood stream infection; HSCT: hematopoietic stem cell transplantation; PSI: Primary site of infection (as reported by the authors of the articles); UTI: urinary tract infection

Proportion of BSI due to *E. coli* in general population and specific patient populations

- The overall contribution of *E. coli* to BSI in the general population was 25%. A high level of heterogeneity ($Q=5186.4$, $p\text{-value}=0$, $I^2=100\%$) was observed.

- In articles identifying BSI in specific patient populations, the contribution of *E. coli* was highest following prostate biopsy (58%-100%, n=5, for sepsis only), in transplant patients (7%-69%, n=9), patients with haematological malignancies (9%-46%, n=11), and patients with liver cirrhosis (14%-42%, n=4).

Figure 5: Proportion of BSI due to *E. coli* in specific patient populations



BSI: blood stream infection; ICU: intensive care unit

CONCLUSIONS

- We found that the urogenital system is the most common primary site of infection in patients with IED, specifically EcBSI.

- Patients at highest risk for EcBSI were patients undergoing prostate biopsy, immunocompromised patients, and patients with cancer.

- Additional research is needed to better define high-risk groups for IED.

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